



MOUNT ANNAN BOTANIC GARDEN

April
2016



Stephanie McKinnon Medium

Welcome to my April newsletter, this year is moving along hard to believe we are a quarter through it.

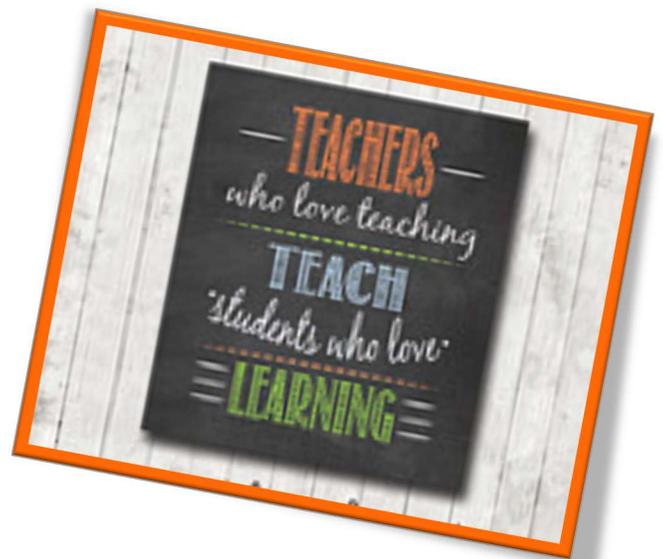
I have had a busy start to the year with having the honour to spend some time with Mavis Pittilla and Tony Stockwell.

They are two English Mediums with a wealth of knowledge to share with those wishing to learn more of the spirit world, I must say I came back ignited and more passionate, and fell in love with spirit all over again.

Who would have thought I would have a passion for learning at this stage in my life, but I do; and the more I learn the more I realise I still have so much more to **discover and acquire**. I feel its part of my soul's journey in this life to do so.

I have just completed teaching Numerology, my ongoing Spiritual Development class and now I'm

excited for later this month when I will be teaching Tarot for 10 weeks. I find each time I teach these subjects I fall in love with them again, as I find them very accurate and concise and that they can complement each other so well.



By now many of you have found things starting to change in your life? Are you seeing or feeling the transformations within you or around specific areas in your life like work, home, relationships, finances etc.

If we look to the seasons as the traditional natives have done in the past and continue to do so today, we can gain a real sense of what we should be looking to do, we are currently in Autumn which is a time of releasing and letting go of all that no longer serves us but as human beings we often struggle with this for fear steps in and our conscious mind rules us, but if we were to step into our hearts we will know what we need to do, so we should act on it, for our hearts won't lead us wrong, just our mind and ego will for it sees us as separate beings, our hearts know we are

A part of one and all and our needs will be met, if we believe and allow it to be. So make this a month that you try to feel your way where you can.

This month will be a working month, one where effort and focus are required to achieve and lay the new foundations that one is looking to obtain, or just retain the stability that you already have in life. Some might find new work, even end relationships if they have been struggling, for we will all be looking at what we need to let go of to achieve and obtain the new ground one is searching for. It is a month to be organised, responsible and productive, look at the bigger picture or long term future, and to complete things the best way we can, though make sure all is done with love, integrity and ethically for if not one can come undone.

If one has personal issues this is a time try to work on them and sort them out for it will only get harder if we neglect them, find the peace and forgiveness if you can for your soul deserves that.

Tie up all those loose ends and be aware of details around you, for those that are letting go or have major change in relationships work, or finances know (as one door closes another one opens, sometimes we need to let go for the new to enter).

Enjoy your month and catch you in the next newsletter.

Stephanie

